



**Berkeley**  
UNIVERSITY OF CALIFORNIA



# Spring 2020

March 30 – May 8

Innovative education  
for the 50+ learner

[oli.berkeley.edu](http://oli.berkeley.edu)  
510.642.9934

Photos: (above, right) Keegan Houser; (below) Max Godino



Five courses in  
**Lafayette!**  
See page 12.

## Who We Are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Classes are taught by distinguished UC Berkeley faculty members and other Bay Area experts. Membership is required to participate in the full range of offerings.

OLLI @Berkeley is one of 124 Osher Lifelong Learning Institutes nationwide. It is supported by UC Berkeley, OLLI members, and donors who match the Bernard Osher Foundation's contribution to OLLI.

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## Letter from the Director

When I think of the books and articles I am reading or the news I am watching — whether about democracy under siege or the worst-case scenarios of climate change — I realize that OLLI serves as a small island of resilience and hope. “A pocket of resistance,” as artist and writer John Berger would say. In the months ahead, knowledge and activism will be key to our health and safety — and our collective future.

The spring curriculum is a springboard for civic engagement in the areas of law, politics, and science. The partnership with Berkeley Law School Dean Erwin Chemerinsky extends to a course moderated by Bay Area law professor Bill Sokol, which will feature six distinguished law school faculty at the forefront of cutting-edge issues impacting our society. Darren Zook's course, “Election 2020: What Everyone Needs to Know,” will underscore what we know, how we know it, and what difference we can make in the outcomes. And a new STEM grant from the National Science Foundation will facilitate two exciting new “Design Challenges” for adult learners (for more information, visit: [olli.berkeley.edu/programs/events](http://olli.berkeley.edu/programs/events)).

To grant special meaning to our own lives and experiences, OLLI will again offer “Words Across Time,” an intergenerational dialogue on the #MeToo movement, and three Fourth Age Salons, planned for spring and summer, that honor our elders and contemplate the health span of living to 100.

Members lead OLLI's future, and this common enterprise and shared experience is what we depend on.

I look forward to seeing you in the classrooms this spring!

Susan Hoffman  
Director

**33 courses in two great locations**  
**Spring registration opens February 3**  
Info: 510.642.9934 or [olli.berkeley.edu](http://olli.berkeley.edu)

### Berkeley Info Session

Tuesday, March 10, 2020

10 a.m.–noon (doors open at  
9:30 a.m.)  
Freight & Salvage  
2020 Addison St., Berkeley

### Lafayette Info Session

Thursday, March 12, 2020

1:30–3 p.m. (doors open at 1 p.m.)  
Lafayette Library and Learning Center  
3491 Mt. Diablo Blvd., Lafayette  
Guest speaker: Mir Tamim Ansary





Photo: Max Godino

## Participation

OLLI @Berkeley requires membership, per agreement with the Bernard Osher Foundation. Membership includes access to:

- Registration for OLLI courses
- Free admission to lecture series
- Access to interest circles and member events

## Membership Types

- Premium: \$950 — offers unlimited A and D courses and discounts for B and C courses
- Annual: \$100
- Single Term: \$50

## New!

### Online Only Memberships\*

- Annual online only: \$25
- Single term online only: \$10

\* Online Only memberships grant access to online content only. Online only members are not eligible to attend in-person class meetings. Additional discounts are not available.

### Fee Assistance Program

Fee assistance is available on a sliding scale if costs present a barrier to your participation. To be considered, download an application from [olli.berkeley.edu/fee-assistance](http://olli.berkeley.edu/fee-assistance).

## Affiliate Discount

Members of the following groups receive a \$10 discount on Annual or Premium OLLI memberships:

- Cal Alumni Association (CAA)
- Current faculty/staff at UC Berkeley, LBNL, and UCOP

## Course Changes

- Course schedules, locations, and faculty are subject to change. Please refer to our website for the most current listings.
- Courses can be dropped up to seven days prior to the start of the term for a refund. Contact the office for assistance.

# Calendar

## MONDAYS

3/30 – 5/4

10 a.m.–noon, UH 150

### Joy of Singing

Lauren Carley

**Price A**

10 a.m.–noon, UH 41B

### Black German Lit and Film

Marion Gerlind

**Price B**

10 a.m.–noon,  
UH 41C/online

### Food, Culture, and the Environment

Kristen Rasmussen

**Price D**

1–3 p.m., UH 150

### Sound and Sense: Intro to Poetics

Stephanie Wells

**Price A**

1–3 p.m., CJC

### 100 Years of Federico Fellini

Margherita Ghetti

**Price A**

1–3 p.m., UH 41B

### Museums in Conflict

Doris Ash

**Price B**

## TUESDAYS

3/31 – 5/5

10 a.m.–noon, F&S

### Cutting Edge Issues in Law

Bill Sokol

**Price A**

10 a.m.–noon, UH 41B

### Vision and Art

Tamira Elul

**Price B**

1–3 p.m., F&S

### Conspiracy Theory in Modern History

Tamim Ansary

**Price A**

1–3 p.m., Magnes

### The Rise and Fall of World Communism

George Breslauer

**Price A**

1–3:30 p.m., UH 41B

### Holding On and Letting Go

Lauren Vanett

**Price B**

1–3 p.m., UH 41C

### Writing Childhood and Family

Rachel Richardson

**Price C**

## LAFAYETTE

10 a.m.–noon, LLCH

### Global Lens

Michael Fox

**Price A**

10 a.m.–12:30 p.m., LLOR

### Dreamwork

Barry Friedman

**Price C**

1–3 p.m., LLCH

### Bruce Springsteen: America's First

Poet Laureate

Pete Elman

**Price A**

## WEDNESDAYS

4/1 – 5/6

10 a.m.–noon, F&S

### Motown in the 1960s

Pete Elman

**Price A**

10 a.m.–noon, UH 150

### Architecture in an Era of Change

Pierluigi Serraino

**Price A**

10 a.m.–noon, UH 41B

### Immigrant Voices in Contemporary Short Fiction

Caroline Smadja

**Price B**

10 a.m.–noon, UH 41C

### The Art of Memoir

Caroline Goodwin

**Price C**

2–4 p.m., F&S

### Planets!

Gibor Basri

**Price A**

2–4 p.m., UH 150

### The Genius of Sondheim

Bonnie Weiss

**Price A**

2–4 p.m., UH 41B

### Travel the World through Textiles, Part 2

Rose Kelly

**Price B**

12:30–1:30 p.m., F&S

### Speaker Series

4/1, 4/8, 4/15, 4/22, 4/29

**Free\***

10:30–noon, UH 150

### Fourth Age Salon: Life Mapping

5/6

**Free\***

\*Free with OLLI membership.

## THURSDAYS

4/2 – 5/7

10 a.m.–noon, F&S

### Election 2020

Darren Zook

**Price A**

10 a.m.–noon, UH 41B

### What is a Novel?

Enrique Lima

**Price B**

10 a.m.–12:30 p.m., UH 41C

### iPhoneography

Yoni Mayeri

(Five weeks; no class 4/9; 5/7;

Final class 5/14)

**Price C**

1–3 p.m., F&S

### Great Cities: Capitals of Western History

Bruce Elliott

**Price A**

1–3 p.m., Magnes

### Hot Topics in Global Health

Stella Ling, Steven Black

**Price A**

1–3 p.m., UH 41B

### Habits: Making Them and Changing Them

Sara Orem

**Price B**

1–3 p.m., UH 41C

### Ten-Minute Plays

Anthony Clarvoe

**Price C**

## LAFAYETTE

10 a.m.–noon, LLCH

### Rock and Roll's First Decade

Richie Unterberger

**Price A**

1–3 p.m., LLCH

### Our Brains, Part 3

Peter Ralston

**Price A**

## FRIDAYS

4/3 - 5/8

10 a.m.–noon, BAS

### Watercolor (morning)

Amber Keig

Price C

1–3 p.m., BAS

### Watercolor (afternoon)

Danny Neece

Price C

(Online)

### Election 2020

Darren Zook

Price D

(Online)

### Great Cities

Bruce Elliott

Price D

## LOCATION KEY

### BAS

UC Berkeley Art Studio  
UC Campus

### CJC

California Jazz Conservatory  
2040 Addison St., Berkeley

### F&S

Freight and Salvage  
2020 Addison St., Berkeley

### LLCH

Lafayette Library Community Hall  
3491 Mt Diablo Blvd., Lafayette

### LLOR

Lafayette Library Oak Room  
3491 Mt Diablo Blvd., Lafayette

### Magnes

Magnes Collection  
2121 Allston Way, Berkeley

### UH

University Hall  
2199 Addison St., Berkeley  
Entrance at University  
and Oxford.

# Wednesday Lunchtime Speaker Series

12:30–1:30 p.m., F&S (2020 Addison St.)

## April 1

### Nordics: Capitalism meets Sustainable Development Goals (SDGs)

Robert Strand Ph.D., Executive Director of the Center for Responsible Business and Lecturer, Haas School of Business, UC Berkeley

## April 8

### The Impact of the #MeToo Movement: How Journalists See It

Deirdre English, Continuing Lecturer, Graduate School of Journalism, UC Berkeley

## April 22

### The Aesthetic Speech of the City

Roberto Bedoya, Cultural Affairs Manager, City of Oakland

## April 29

### The Green Energy Revolution is Now

Dan Kammen, Chair of the Energy and Resources Group and Director of the Center for Environmental Policy, Goldman School of Public Policy, UC Berkeley

## April 15

### OLLI 5th Annual Excellence in Teaching and Learning Award

Recipient: Bev Crawford, Professor Emerita of Political Science and Political Economy, UC Berkeley

## Words Across Time: An Intergenerational Dialogue Event about Women's Rights and #MeToo

Facilitated by Darren Zook

Friday, April 10, 2020: 1–2:30 p.m.

Freight and Salvage

### \$15 per OLLI member (no discounts available)

Payment will be collected at the door; credit cards not accepted

Limited to 60 OLLI members

RSVP by sending an email to [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)

“Words Across Time” offers a unique opportunity for OLLI @Berkeley members to engage in an intergenerational dialogue with UC Berkeley undergraduate students. The purpose of the dialogue is to bring together persons from different generations to understand and learn from the perspectives of one another.

The focus of this intergenerational dialog is women's rights and the #MeToo movement. Has the status of women noticeably changed from one generation to the next? How has the #MeToo movement impacted the long-term project of strengthening women's rights and changing the way we think about gender in America? This intergenerational dialogue is intended to address these and other related questions in a way that is engaging, innovative, transformative, and empowering for all.



Photo: Audre Lorde graffiti by Gary Stevens

## Joy of Singing

Lauren Carley

10 a.m.–noon, UH 150

### Price A

Prepare your body, brain, and voice to sing with ease, expressiveness, and projection. Learn four traditional rounds and five part-songs by ear, plus choral skills such as legato, staccato, fermata, ritard, timbre, and head and chest voice. More experienced participants may sing in trios or anchor their sections. We will perform for invited guests during the last class. Open to all levels.

**Lauren Carley**, mezzo, tours and records with her vocal ensembles Polyhymnia and In Other Words. She is a natural voice practitioner with a lifetime in pedagogy, Orff, theater, mime, Alexander, and Feldenkrais. She specializes in singing as a healing pathway for those with neurological trauma and diseases.

## Black German Literature and Film

Marion Gerlind

10 a.m.–noon, UH 41B

### Price B

Read and reflect upon new writing and film by and about Black Germans and their white allies. Inspired by Audre Lorde's teachings, an Afro-German movement emerged, representing this ethnic minority in a growing body of transnational work. Representative texts include the groundbreaking book *Showing Our Colors: Afro-German Women Speak Out*; Ika Hügel-Marshall's *Invisible Woman*; Hans Massaquoi's *Destined to Witness*; May Ayim's poetry and the documentary *Hope in My Heart*. We'll also screen Audre Lorde—*The Berlin Years*, and the comedy, *Everything Will Be Fine*. A course reader will be available.

**Marion Gerlind, Ph.D.**, is the founder and executive director of the Gerlind Institute, an educational nonprofit organization in Oakland dedicated to the teaching and promotion of German Cultural Studies. She has taught students in college and community settings for more than 25 years and encourages everyone's participation in her classes.

## Food, Culture, and the Environment

Kristen Rasmussen

10 a.m.–noon, UH 41C: 3/30, 4/20;

Online: 4/6, 4/13, 4/27, 5/4

### Price D

Food plays a pivotal role in both connecting us as a species and distinguishing between cultures and groups, but why do we eat what we eat? We will broadly address the historical, ecological, socioeconomic, biological, political, and cultural environments impacting the human diet. Through exposure to these concepts, this course aims to inspire you to become more aware, informed, and intentional about your role and participation in the food system.

**Note: This distance learning course relies on both online and in-person content.**

**Kristen Rasmussen** is a culinary nutrition and food sustainability expert with passions that have led her many places. She is an adjunct faculty member at UC Berkeley, past adjunct faculty at The Culinary Institute of America at Greystone, and owner of Rooted Food, Inc., a culinary nutrition and food sustainability consulting company.

## Sound and Sense: Introduction to Basic Poetics

Stephanie Wells  
1–3 p.m., UH 150

### Price A

This class is an entry-level introduction to understanding and analyzing the formalist elements of poetry: identifying fixed form and closed form poetry, metrical scansion, rhyme, and general poetics. Examine how poets use not only the meaning of their words but also structure, meter, rhythm, and sound to enhance their meaning; and learn how form follows function. This is not a poetry writing course; instead, it is intended to enhance your enjoyment of poetry by clarifying technical elements of its construction.

**Stephanie Wells** has a B.A. from Berkeley, an M.A. from University of Virginia, and a Ph.D. from UC Davis, with a focus on modernism and postmodernism in American and British novels and poetry. She has been a literature professor for over 20 years and teaches at College of Marin.

## 100 Years of Federico Fellini

Margherita Ghetti  
1–3 p.m., CJC

### Price A

A world-renowned auteur of the 20th century, Federico Fellini has portrayed Italy at its most glamorous, as well as its rawest and most ruinous — from the Roman high life and the city outskirts, to the paparazzi and the circus. Both in collaboration with other directors as well as in his directorial signature films *La Dolce Vita* (1960), *8 1/2* (1963), and later on *Amarcord* (1974), Fellini created a cinematic language, one of iconic faces and places and hidden surprises. On the occasion of his 100th anniversary, this course will explore his masterpieces as well as his lesser known films.

**Margherita Ghetti** holds a Ph.D. in Italian Studies from UC Berkeley (2019), where she wrote and taught about Hollywood and North American consumer goods, movie stars, and cultural models in Italian cinema. She has worked as a film curatorial intern at BAMPTFA, and is currently the Next Wave Programmer for the Jewish Film Institute of San Francisco.

## What's Wrong with this Picture? Museums in Conflict

Doris Ash  
1–3 p.m., UH 41B

### Price B

In this course we engage in an interactive activity called “What’s wrong with this picture?”, which is designed to help illuminate how ideologies can and do change in museums. Using examples, we consider representations (and narratives) that have characterized non-Western cultures over time, including American Indian, African American slave, South African Khoi/San (Bushmen), and Polynesian cultures. Discover common features that reflect ideologies and change across cultures and museums. **Note: Participation from all attendees is essential.**

**Doris Ash** is a retired Professor Emerita of Science Education at UC Santa Cruz. Her recent research focuses on how natural history museums represent or misrepresent indigenous and enslaved people. She is writing a book, *Reculturing Museums*, which deals with issues of equity and social justice in museums, some of which will be discussed in class.

Photo: Igor Miske





Photo: Claire Anderson

## Cutting Edge Issues in Law

Bill Sokol

10 a.m.–noon, F&S

### Price A

It seems that each vital social and political issue of our times finds its way to our court, and Berkeley School of Law's renowned professors are engaged in all of them. OLLI has the honor to present six professors in six weeks who will discuss some of the most critical legal issues being addressed by our courts and legislatures. From religion and the Supreme Court and building a just economy through labor-law reform, to cybersecurity, the death penalty, and the use of lethal force by American police. Join us for what will be intellectually invigorating deep dives into these fraught issues.

**Bill Sokol** is a Bay Area labor and employment lawyer, a lecturer at SF State University, a gubernatorial appointee to the CalSavers Retirement Investment Board, and was a talk show host on Pacifica Radio for 25 years. He holds a JD from Berkeley School of Law.

## Vision and Art

Tamira Elul

10 a.m.–noon, UH 41B

### Price B

How do artists create visual effects in their two-dimensional paintings? Why do Monet's poppies bend in the wind, and Mona Lisa's eyes follow you around? This seminar will focus mainly on learning about the physiology of our visual system and how artists achieve effects in paintings using properties of our visual system, and is inspired by Margaret Livingstone's book, *Vision and Art: The Biology of Seeing*.

**Tamira Elul** received her B.A. and Ph.D. in biophysics from UC Berkeley. She is Associate Professor at Touro University California and Lecturer in Molecular and Cellular Biology at UC Berkeley. She teaches Histology, Neurobiology, Art of Observation, and Vision and Art, and researches nerve development and art-science.

## Conspiracy Theory in Modern History

Tamim Ansary

1–3 p.m., F&S

### Price A

We often speak of “conspiracy theory” as an ominous, metastasizing force in modern history, but what exactly does this term mean? This class defines the phenomenon, sets it apart from mere theorizing, and follows it through four distinct historical eras — from the Crusades to the present — showing how particular conspiracy theories reflect the history of their times. In the process, we'll explore the social and psychological roots of this idea system, the sources of its power, and the underlying mythic structure common to all conspiracy theory.

Afghan American author **Tamim Ansary** writes about history and culture and what happens when civilizations overlap. His latest book, *The Invention of Yesterday*, looks at human history as the story of various world historical stories interacting and intertwining around the planet.



## The Rise and Fall of World Communism

George Breslauer  
1–3 p.m., Magnes

### Price A

What did communist revolutions, states, and non-ruling communist parties have in common, in both their domestic and international orientations? How did they differ from each other? What were the appeals of communism that allowed them to come to power? Why did international communism fracture into competing models of domestic and foreign relations? Why did the Soviet Union and, with it, the world communist system ultimately collapse? Is there a future for current (China, Vietnam, North Korea, Laos, Cuba) and new communist states?

**George Breslauer** is Professor Emeritus of Comparative Politics at UC Berkeley and former Dean of Social Sciences, Executive Vice Chancellor, and Provost. He specializes in Soviet and Russian politics and foreign relations, and has authored or edited twelve books on the topic.

## Holding On and Letting Go

Lauren Vanett  
1–3:30 p.m., UH 41B

### Price B

As we age, how can we uncover and integrate the wisdom we have gained while continuing to grow and change? In this experiential class, we use mindfulness and grounding practices to cultivate presence, develop skills to shift from a judger to a learner mindset, and ask powerful questions of ourselves and others. We also explore resilience and flexibility through the practice of embracing opposites, such as giving and receiving, holding on and letting go, and solitude and connection. For new and seasoned students.

**Lauren Vanett M.A.** has been an educator for over 40 years, is also a speaker, workshop facilitator, and writer. A longtime OLLI instructor, she specializes in teaching applied positive psychology and the wisdom of grief. Lauren spent two decades designing, administering, and teaching in educational programs for the public at San Francisco State University.

## Writing Childhood and Family

Rachel Richardson  
1–3 p.m., UH 41C

### Price C

Memoirists often find the seeds of their most important stories in childhood and adolescence. But family is an endlessly complex topic, and so is the distant past—in seeking answers, we often encounter new questions. Who does the story belong to? What was the larger context beyond our perceptions? How do we work with what we knew then vs. what we know now? This class will help you dig into your own compelling and elusive stories of early life and provide strategies for approaching issues of perspective, structure, and story.

**Rachel Richardson** is the author of *Copperhead* and *Hundred-Year Wave*, and her work has appeared in the *New York Times Magazine*, *Slate*, *Literary Hub*, *Terrain.org*, *Kenyon Review*, and elsewhere. Rachel co-directs the literary arts center Left Margin LIT.

Photo: @marjanblan





## Motown: The Sound of Young America in the 1960s

Pete Elman

10 a.m.–noon, F&S

### Price A

This course covers the golden age of Motown 1960–72, concentrating on the people who established the label as the driving force behind American popular music in that period: Berry Gordy, Smokey Robinson, the Supremes, Martha and the Vandellas, the Marvelettes, the Temptations, the Four Tops, Mary Wells, Kim Weston, Tami Terrell, the Funk Brothers, Holland-Dozier-Holland, Marvin Gaye, and Stevie Wonder. The course will include lectures, slide shows, CDs, video clips and live music.

**Pete Elman** has performed, composed, arranged, produced, and taught all genres of popular music since 1962. He has taught several popular classes on 20th-century music with OLLI.

## Architecture in an Era of Change

Pierluigi Serraino

10 a.m.–noon, UH 150

### Price A

Change is an accepted condition of the practice and consumption of architecture. Climate change is perhaps the most visible one, but it not the only one. Technological revolutions, novel social routines, new models of politics, alternative approaches to land ownership, and unforeseen role of the public space are all considerations. How do architects deal with change? What can architecture do to meet unprecedented challenges using design at its most powerful tool to give actual responses?

**Pierluigi Serraino** is a practicing architect, author, and educator based in the San Francisco Bay Area. His writings and projects have appeared in numerous national and international publications. His latest book is *Ezra Stoller: A Photographic History of Modern American Architecture* (Phaidon, 2019).

## Immigrant Voices in Contemporary Anglophone Short Fiction

Caroline Smadja

10 a.m.–noon, UH 41B

### Price B

This course focuses on six living authors from immigrant backgrounds. Some, like Ha Jin and Junot Diaz, may be familiar to you. Others, such as Daniel Alarcon, may be new to you. All of them are foreign-born and write in English, mostly as a second language, and all live in the US, aside from Israeli-Canadian Ayelet Tsabari. This course revolves around class discussion rather than traditional lecture. Study questions are provided before class to guide discussion.

**Caroline Smadja** specializes in adult education and has taught learners of all backgrounds and nationalities for over 30 years. A French native and graduate of Paris VII, she holds an M.F.A. in creative writing from Pacific University, is a published poet and writer, and teaches at OLLI SF State.

## The Art of Memoir

Caroline Goodwin

10 a.m.–noon, UH 41C

### Price C

With the memoir form, writers have the opportunity to bring the people, places, and events of their lives into focus on the page. In a lively, supportive atmosphere, students will find the critique and accountability necessary to the art of writing memoir. As a community of learners dedicated to the task of recording the past in meaningful ways, we will dive in to our stories, writing and listening to one another with intention. We will challenge one another to discover the powerful complexity of our own experiences and to share them in writing with courage and conviction.

**Caroline Goodwin** is a poet and memoirist based in Montara, CA. Born and raised in Alaska, she moved to the Bay Area in 1999 to attend Stanford as a Wallace Stegner Fellow. From 2014–2016, she served as the first Poet Laureate of San Mateo County. Her recent books are *Peregrine* and *The Paper Tree*.

## Planets!

Gibor Basri

2–4 p.m., F&S

### Price A

The Earth wasn't always called a planet. Now Pluto is having problems. What defines a planet? How do they appear, live, and die? Planetary exploration started 50 years ago, exoplanets (around other stars) were first discovered 25 years ago (garnering the latest Nobel Prize), and it has been less than a decade since we have understood that most stars have planetary systems. Many of those turn out to be quite different from ours. Explore the progress we have made, how we have made it, and what we have learned about planets, ending with the question of whether there is life on other planets.

**Professor Basri** taught in the Astronomy Department at UC Berkeley for 35 years.

His favorite classes were the introductory courses for non-majors and small freshman seminars. He has used many big telescopes on and off the planet. He enjoys making science accessible to the general public and has been given the Sagan award for this talent.

## The Genius of Sondheim

Bonnie Weiss

2–4 p.m., UH 150

### Price A

What makes Stephen Sondheim the most exciting and revolutionary composer/lyricists of our time? Take a fascinating in-depth look at his life and work, which will demonstrate why music and theatre critics, psychologists, and theatre-goers find him so compelling and controversial. Well-known and rare video and audio clips of his work, as well as his own comments, will be used to enrich this exploration.

**Bonnie Weiss M.A.** is a seasoned theater educator and writer. She has taught musical theater appreciation for OLLI at UC Berkeley, San Francisco State, Santa Clara, and Dominican University. She has also lectured at San Francisco Conservatory of Music

and has written for *The Sondheim Review*, *TheaterWeek*, and *Stage Directions*.

## Travel the World through Textiles, Part 2

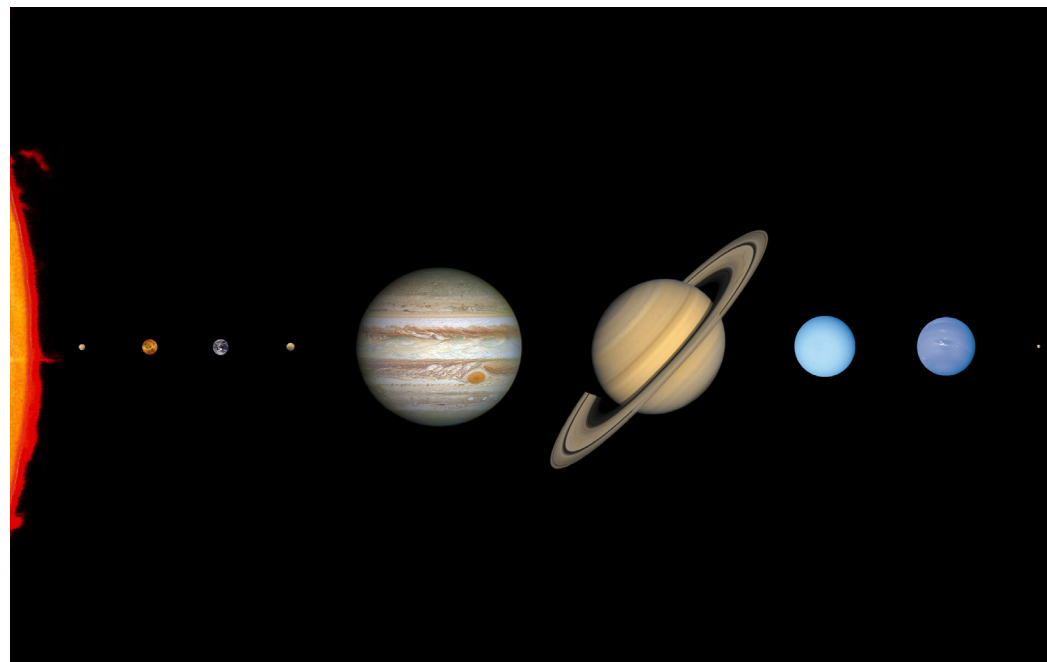
Rose Kelly

2–4 p.m., UH 41B

### Price B

This class continues our examination of historical and contemporary textile traditions from around the world. Featuring a combination of new destinations and a more in-depth look at techniques, we'll examine the symbolism, cultural context, and techniques used in creating these textiles as well as their role in today's economy. Gain an understanding of their social, economic, ritualistic, and aesthetic significance, and an appreciation of the amazing skills required to create them. **Note: There is no prerequisite for this course.**

**Rose Kelly** is a professional artist, avid traveler, and textile collector, with a special interest in the protective symbolism of traditional textiles. She is a lecturer in the Design Department at her alma mater, UC Davis, and holds a M.A. in museum studies from John F. Kennedy University, with a specialization in education and interpretation.



## Election 2020: What Everyone Needs to Know

Darren Zook

10 a.m.–noon, F&S

### Price A

The elections of November 2020 will be of crucial importance in defining the future of the United States. So much is at stake, not only with the presidential race but also with the resulting composition of Congress, that it is imperative we understand all the issues so we can make the best possible choices. This course will cover both current campaign-related issues as well as possible post-election scenarios.

**Darren Zook** teaches in Global Studies and Political Science at UC Berkeley. His research interests focus on comparative projects of politics and justice around the world. He has received numerous teaching awards, including the Excellence in Teaching award from OLLI.

## What is a Novel? Reading in Theory and Fiction

Enrique Lima

10 a.m.–noon, UH 41B

### Price B

Blending theory and examples, art and history, this course examines the basic principles of novelistic discourse. We'll begin by reading Georg Lukács' *The Theory of the Novel*, one of the most profound statements on Western literary art, followed by specific examples: Salvador Plascencia's *The People of Paper* and Tommy Orange's *There There*. Both works experiment with novelistic structure to show how writers outside the modern system have adjusted their style to craft vehicles that express their disparate experiences.

**Enrique Lima** taught literature at the University of Oregon and currently teaches in Ethnic Studies at UC Berkeley. He holds a Ph.D. in comparative literature from Stanford

University. He loves nothing more than teaching novels.

## iPhoneography

Yoni Mayeri

10 a.m.–12:30 p.m., UH 41C

(Five weeks; no class 4/9, 5/7; final class 5/14)

### Price C

Learn how to expertly capture images, edit, and create extraordinary photographs using only your iPhone. Gain inspiration to find your creative vision and expand your technical knowledge. By the end of this workshop, you will understand the ins and outs of iPhone photography.

**Yoni Mayeri** began her photographic career at Polaroid and Nikon. She has presented her iPhoneography workshops at UC Berkeley, Stanford, Saint Mary's College, Rancho La Puerta, The Pacific Art League, Google, and many other locations.

## Great Cities: Capitals of Western History

Bruce Elliott

1–3 p.m., F&S

### Price A

It can be said that for each stage of Western history there was a capital city, a prime center from which power and culture radiated. This course highlights six magnificent cities that dominated their respective historical epochs: Venice in the High Renaissance; Madrid in the Age of Exploration; Amsterdam, Europe's 17th century commercial wonder; Imperial Vienna in the Romantic era; and Victorian London in Britain's Age of Empire. This sweeping historical journey culminates by chronicling the evolution of New York City, history's first modern metropolis.

**Bruce Elliott** teaches courses in European cultural history for Stanford Continuing Studies and for OLLI programs at UC Berkeley, Sonoma State, and Dominican University. Fascinated by the distinct

character of major cities and the pivotal role they've played as drivers for change, Dr. Elliott has made urban history a central focus of his research.

## Hot Topics in Global Health

Stella Ling, Steven Black

1–3 p.m., Magnes

### Price A

Explore global health from various different aspects: viruses that stay with you and cause disease later on, such as chicken pox and shingles; malaria, a disease that still hasn't been wiped out and may get worse with global warming; new vaccines on the horizon and controversies in vaccine usage and rejection; HPV and the associated cancers around the world; the newly emerging field of microbiome studies; and cancer in Africa, a phenomenon which illustrates the gap in health care between socio-economic classes.

**Stella Ling M.D., M.P.H.**, is a pediatrician and radiation oncologist. She was on faculty at the University of Miami and Ohio State University. She is on the education committee of the American Society of Radiation Oncology.

**Steven Black M.D.** is a pediatric infectious disease specialist & Emeritus Professor at Cincinnati Children's Hospital. He consults for CEPI on emerging infections.

## Habits: Making Them and Changing Them

Sara Orem

1–3 p.m., UH 41B

### Price B

Habits form. They become embedded in our behavior, help us reach goals, and sometimes are difficult to change or reject. In this course, we will explore two ways of looking at habits: one describes the "habit loop" as well as ways to replace bad habits with better ones, and the other is a well-researched formula for changing habits involving six stages to effective change. We

will also look at habits vs. addictions, and consider whether identifying a behavior as one or the other is actually helpful in addressing it.

**Sara Orem** is a facilitator who explores topics in positive psychology. She most enjoys encouraging older adults to increase their life satisfaction through experiences of growing and changing. Her book, *Appreciative Coaching*, emphasizes her belief in positive ways of being and becoming.

## Ten-Minute Plays

Anthony Clarvoe  
1–3 p.m., UH 41C

### Price C

Deepen your appreciation of any dramatic writing you see in theater, film, and television, and discover your dramatic voice. Students will create short plays and scenes through a progressive series of at-home writing exercises and in-class readings. Learn the techniques that compel attention and tell stories through conflict and action.

**Anthony Clarvoe** is a nationally recognized playwright who has received American Theatre Critics, Bay Area Theatre Critics, LA Drama Critics, and Elliot Norton (New England critics) awards; Guggenheim and NEA Fellowships; and commissions from theaters across the states. His play *Our Practical Heaven* won Aurora Theatre’s Global Age Project competition and the Edgerton New Play Award.

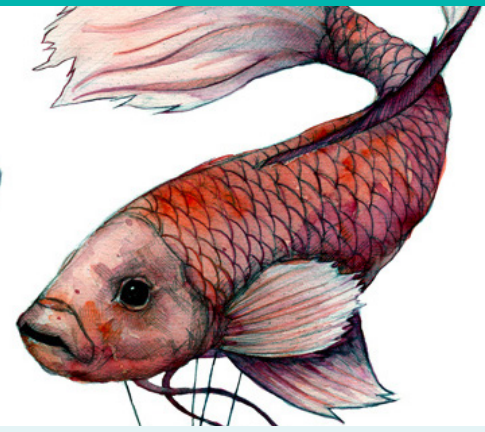


Photo: Danny Neece

## Watercolor (morning)

Amber Keig  
10 a.m.–noon, BAS

### Price C

Learn the basics of watercolor. We will cover the principles of color theory, color mixing, paint layering, and texture through still life, landscapes, wildlife, and more. This class is open to all levels. Basic drawing skills are helpful but not required. Course fee does not include materials (approximately \$70).

**Amber Fawn Keig** completed her M.F.A. at California College of the Arts, where she was the Yozo Hamaguchi Printmaking Scholar as well as a recipient of the Murphy Cadogan Contemporary Art Award. Her work has been shown in New York, Los Angeles, Beijing, Vancouver, and San Francisco.

## Watercolor (afternoon)

Danny Neece  
1–3 p.m., BAS

### Price C

See description above

**Danny Neece** holds a B.F.A. in illustration from California College of the Arts. He has freelanced for Shambhala Sun Magazine, Hyphen Magazine, Intel Developers Forum, 14 Hills: The SFSU Review, Trader Joe’s, Buddhadharm: Practitioner’s Quarterly, and Saint Mary’s College. He also teaches at the Berkeley Art Studio.

## Beginning 4/3, Online Only courses

Registering for the online-only version of these courses enables you to view the recorded lectures throughout the winter term. Weekly lectures will be available on Fridays. This option is not interchangeable and does not grant access to the in-person class. For information, see page 12.

### Election 2020 (online only)

Darren Zook

### Price D

See course description and bio, page 10.

### Great Cities (online only)

Bruce Elliott

### Price D

See course description and bio, page 10.

## Global Lens

Tuesdays, March 31 – May 5

Michael Fox

10 a.m.–noon, LLCH

### Price A

The view from abroad, courtesy of foreign filmmakers speaking primarily to viewers in their own countries, is refreshing, revealing, and occasionally jarring. The lineup encompasses a range of documentary approaches and techniques, with each film — most of which haven't screened in the U.S. — followed by a discussion of its goals, strategies, aesthetics, and ethics. We will examine central aspects of nonfiction filmmaking including the representation of reality, the properties of storytelling and the interplay between advocacy and art.

**Michael Fox** is a film journalist and critic whose outlets include KQED Arts.com, The East Bay Monthly, Oakland magazine and J. He has taught at the OLLI programs at UC Berkeley and SF State for over a decade. Fox is an inductee of Essential SF, the SF Film Society's compendium of the Bay Area film community's vital figures and institutions.

## Dreamwork

Tuesdays, March 31 – May 5

Barry Friedman

10 a.m.–12:30 pm, LLOR

### Price C

Dreams are vehicles to help us realize who we are and who we can become, as well as understand our relationship to the world and the divine. Learn how to work deeply with your dreams through personal sharing and response. Discuss major archetypal motifs that appear in our dreams and connect us to the world of mythology and meaning. This creative process is at once enlightening, transformative, and healing.

**Barry Friedman Ph.D., M.F.T.** is a psychotherapist in private practice in Oakland and a historian of religions. He has

been exploring the relationship between spirituality and psychology for over 40 years and taught archetypal mythology and dream work at Holy Names University for 15 years.

## Bruce Springsteen: An In-depth Appreciation of America's Poet Laureate

Tuesdays, March 31 – May 5

Pete Elman

1–3 p.m., LLCH

### Price A

Delve into the career and music of “The Boss,” Bruce Springsteen. Travel from the juke joints of the Jersey Shore to his discovery at Columbia studios; from the covers of Time and Newsweek to his three-year legal limbo; and from sold-out stadiums for Born in the USA to the acoustic elegance of Nebraska. At 70, Springsteen continues to be America's greatest rocker and working-class hero, whose brilliant records and performances are the stuff of legend.

**Pete Elman** see bio, page 8.

## Rock and Roll's First Decade

Richie Unterberger

Thursdays, Apr. 2 – May 7

10 a.m.–noon, LLCH

### Price A

This course covers the first ten years of rock and roll, the explosive musical phenomenon that shook the world during the mid-1950s to the early 1960s. We'll cover the ascendance of pioneers like Elvis Presley, Chuck Berry, and Little Richard to the harmonizing vocal groups, surf, soul, and girl groups of the early '60s. We'll cover greats like the Everly Brothers, Buddy Holly, Ray Charles, and the Beach Boys, with plenty of rare film clips of the heroes in action. We'll also celebrate those who helped it flourish: from legendary independent record labels like Sun and Atlantic, to the producers, disk jockeys, songwriters, and exuberant teenage audience that helped make it happen.

**Richie Unterberger** is the author of numerous rock history books, including volumes on the Beatles, the Who, the Velvet Underground, Bob Marley, and 1960s folk-rock. He's taught courses on rock history at OLLI Berkeley and other Bay Area colleges for ten years. His next book, to be published by Taschen in 2021, is *San Francisco: Portrait of a City*.

## Our Brains: Molecules to Memory, Part 3

Thursdays, Apr. 2 – May 7

Peter Ralston

1–3 p.m., LLCH

### Price A

This course describes the activities of nerve cells and how their functioning is altered by drugs or disease. We will discuss the organization of neuronal networks in the brain that serve major processes, such as hearing, epilepsy, and mental illness. Each lecture will begin with an introduction to a basic neuroscience topic, followed by a discussion of related clinical concepts. Lecture notes will be distributed prior to each session, and the lecture slides will be available for review after each lecture. The goal of the course is to enable students to better understand the functions of their own brains. **Note: There is no prerequisite for this course.**

**Peter Ralston** received his M.D. from UCSF and additional training in New York and London. He held faculty positions at Stanford and the University of Wisconsin, then returned to UCSF as Professor and Chairman of Anatomy. During his 35-year career at UCSF, he directed the Medical School course in neuroscience and ran an NIH-supported research lab.

# Spring 2020 Registration Form

|                                |             |                                   |                          |        |
|--------------------------------|-------------|-----------------------------------|--------------------------|--------|
| FIRST NAME                     | LAST NAME   |                                   | YEAR OF BIRTH (REQUIRED) |        |
| ADDRESS                        |             | CITY                              | STATE                    | ZIP    |
| TELEPHONE 1 (REQUIRED)         | TELEPHONE 2 | EMAIL (REQUIRED)                  |                          | GENDER |
| ETHNICITY                      |             | EMERGENCY CONTACT NAME (REQUIRED) |                          |        |
| EMERGENCY TELEPHONE (REQUIRED) |             |                                   |                          |        |

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| <input type="checkbox"/> Joy of Singing <b>A</b>                     | <input type="checkbox"/> Issues in Law <b>A</b>                | <input type="checkbox"/> Motown <b>A</b>                  | <input type="checkbox"/> Election 2020 <b>A</b>             | <input type="checkbox"/> Watercolor (a.m.) <b>C</b>      |
| <input type="checkbox"/> Black German Lit and Film <b>B</b>          | <input type="checkbox"/> Vision and Art <b>B</b>               | <input type="checkbox"/> Architecture and Change <b>A</b> | <input type="checkbox"/> What is a Novel? <b>B</b>          | <input type="checkbox"/> Watercolor (p.m.) <b>C</b>      |
| <input type="checkbox"/> Food, Culture, and the Environment <b>D</b> | <input type="checkbox"/> Conspiracy <b>A</b>                   | <input type="checkbox"/> Immigrant Voices <b>B</b>        | <input type="checkbox"/> iPhoneography <b>C</b>             | <input type="checkbox"/> Election 2020 (Online) <b>D</b> |
| <input type="checkbox"/> Poetics <b>A</b>                            | <input type="checkbox"/> World Communism <b>A</b>              | <input type="checkbox"/> Art of Memoir <b>C</b>           | <input type="checkbox"/> Great Cities <b>A</b>              | <input type="checkbox"/> Great Cities (Online) <b>D</b>  |
| <input type="checkbox"/> Fellini <b>A</b>                            | <input type="checkbox"/> Holding On and Letting Go <b>B</b>    | <input type="checkbox"/> Planets! <b>A</b>                | <input type="checkbox"/> Global Health <b>A</b>             |  |
| <input type="checkbox"/> Museums in Conflict <b>B</b>                | <input type="checkbox"/> Writing Childhood and Family <b>C</b> | <input type="checkbox"/> Sondheim <b>A</b>                | <input type="checkbox"/> Habits <b>B</b>                    |  |
|  | <input type="checkbox"/> Global Lens <b>A</b> (LLCH)           | <input type="checkbox"/> Textiles, Part 2 <b>B</b>        | <input type="checkbox"/> Ten-Minute Plays <b>C</b>          |  |
|  | <input type="checkbox"/> Dreamwork <b>C</b> (LLOR)             |   | <input type="checkbox"/> Rock and Roll <b>A</b> (LLCH)      |  |
|  | <input type="checkbox"/> Springsteen <b>A</b> (LLCH)           |   | <input type="checkbox"/> Our Brains, Part 3 <b>A</b> (LLCH) |  |

| Membership Dues  |   | Course Fees   |                             |         |           |       |
|--|---|---|-----------------------------|---------|-----------|-------|
| Membership is required prior to registering for courses. |   | Course fees are determined by your membership type. |                             |         |           |       |
|  | I have a current 12-month membership    | \$0   |                             |         |           |       |
|  | Premium                                 | \$950   |                             |         |           |       |
|  | Annual                                  | \$100   |                             |         |           |       |
|  | Single term (Spring only)               | \$50  |                             |         |           |       |
|  | Online only — annual                    | \$25  |                             |         |           |       |
|  | Online only — single term (Spring only) | \$10  |                             |         |           |       |
|  | Affiliate discount: UCB-LBNL-UCOP-CAA   | -\$10   |                             |         |           |       |
| <b>A. Total membership dues</b>                          |   |   |                             |         |           |       |
|  |   |   | Annual/<br>Single term      | Premium | # courses | Total |
|  |   |   | Price A                     | \$155   | \$0       |       |
|  |   |   | Price B                     | \$195   | \$40      |       |
|  |   |   | Price C                     | \$235   | \$80      |       |
|  |   |   | Price D                     | \$120   | \$0       |       |
|  |   |   | <b>B. Total course fees</b> |         |           |       |
| <b>Grand Total Dues and Fees (A + B)</b>                 |   |   |                             |         |           |       |

Check (made payable to UC Regents)

Credit card:  Visa  MasterCard  American Express

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CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

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CARDHOLDER NAME \_\_\_\_\_ AUTHORIZING SIGNATURE \_\_\_\_\_

Billing address same as above  Other address: \_\_\_\_\_

Register online at: [olli.berkeley.edu](http://olli.berkeley.edu)

or mail this form to: **OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, CA 94720-1570**

**Please note:** registration forms submitted through the mail may experience delays due to a limited campus delivery schedule.

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#### Berkeley Info Session

Tuesday, March 10, 2020

10 a.m.–noon (doors open at 9:30 a.m.)  
Freight & Salvage Coffeehouse  
2020 Addison St., Berkeley

#### Lafayette Info Session

Thursday, March 12, 2020

1:30–3 p.m. (doors open at 1:00 p.m.)  
Lafayette Library and Learning Center  
3491 Mt. Diablo Blvd., Lafayette

Guest Speaker: Mir Tamim Ansary



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Photo: Max Godino