

Courses, community, and research for learners 50+

More choices
More flexibility
More dynamic
learning













Discover for yourself olli.berkeley.edu



Spring 2023 April 3-May 26

### Letter from the Director



We are terrifically excited about this spring term, our fullest array of courses since the pandemic — and like most terms, a Rubik's cube of scheduling to solve. The range of options include in-person, livestreamed, recorded, and hybrid courses. With the flexibility of circus performers, the OLLI classroom team maximizes all these platforms available to you. We hope you enjoy the term in all of the ways that reach you in our increasingly complex lives.

OLLI courses and events examine history, ethics,

literature, and film in light of America's deepest divisions of inequality, and leverage scholarship and research to make change and offer hope. Adam Hochschild returns, and superb faculty including Stephanie Wells, Bill Smoot, Michael Fox, Harry Chotiner, and Sarita Cannon inspire you to consider new ways of seeing. Global Studies colleagues Alan Karras and Darren Zook delve into the national and international political underpinnings of globalization, and contribute

to a sharper global lens on world affairs.

Music and the brain is the focus of the course with UCSF neuroscientist Peter Ralston, with musical sampling curated by Cal Performances' Jeremy Geffen, helping to examine new experiences for brains (and minds) to synthesize. Other Freight & Salvage courses explore the genius of the Beatles as well as the other great voices from American pop standards, expanding our appreciation and enjoyment of the memories they evoke.

OLLI writing courses with Litquake founder and essayist Jane Ganahl and memoirist Louise Nayer encourage expression, as do Yoni Mayeri's iPhoneography courses. As Tamim Ansary once said, "If you don't tell your story, who will?"

Spring is here, and we offer insight — and delight in being together — in whatever classroom you choose!

Susan Hoffman
Director, OLLI @Berkeley

### 28 courses: 10 in-person 14 remote instruction 4 encores

#### **Spring registration opens February 13**

Check out faculty course promo videos and learn about the benefits of membership at olli.berkeley.edu

#### Who We Are

The Osher Lifelong Learning Institute (OLLI) at UC Berkeley is a dynamic learning community for explorers age 50 and up. An OLLI @Berkeley membership opens up a world of discovery: smart, curated courses — with no exams or grades — taught by Berkeley faculty and other scholars; opportunities to participate in pivotal research; and a year-round lineup of lectures, workshops, discussion groups, clubs, and activities.

OLLI @Berkeley was established in 2007 with generous support from the Bernard Osher Foundation and is one of more than 120 Osher Lifelong Learning Institutes in the country.

**Director:** Susan Hoffman

**Business and Operations Manager:** 

Patricia Carvalho

**Communications and Marketing Manager:** 

Nancy Murr

**Curriculum Coordinator:** Matt Shears **Classroom and Facilities Coordinator:** 

Max Godino

**Classroom Coordinators:** 

LaeCharles Lawrence, Jr., Rob Chew

Research Program Associate: Cheryl Brewster

#### Contact Us

OLLI @Berkeley

UC Berkeley

1995 University Avenue, Suite 365

Berkeley, CA 94704-1570 Website: olli.berkeley.edu

Email: berkeley\_olli@berkeley.edu



#### **Health and Safety**

OLLI @Berkeley follows all UC Berkeley, City of Berkeley, and venue-issued health mandates in order to provide programming safely. To attend in-person courses, members must show proof of vaccination and a photo ID. Further details regarding UC Berkeley's health and safety protocol can be found here: olli.berkeley.edu/health-safety. In-person classes that cannot be delivered safely will be delivered remotely.

#### **Course Structure**

**In-person Instruction:** Courses run for six weeks; each meeting lasts 120 minutes unless otherwise noted. In-person courses are livestreamed and recorded when appropriate.

#### Livestreamed Instruction:

Livestreamed workshop and lecture courses typically run for four or eight consecutive weeks; each meeting lasts 90 minutes unless otherwise noted. When possible, livestreamed courses are recorded.

#### Zoom

You must have a Zoom account to access courses and special events.

Zoom links will be made available on your member dashboard on the OLLI website.

#### **Affiliate Discount**

Members of the following groups can receive a \$10 discount on Annual or Premium OLLI memberships:

- Cal Alumni Association (CAA) members
- Current or retired faculty/staff at UC Berkeley, LBNL, and UCOP

Discounts do not apply to Encore Only memberships. Additional discounts cannot be applied to Fee Assistance memberships.

#### **About Membership**

OLLI @Berkeley celebrates the insatiable curiosity of older adults and their ongoing quest to learn about, engage with, and contribute to the world around them. Become a member and gain access to fascinating and substantive courses taught by distinguished scholars, speaker events featuring leading thinkers discussing critical issues, intergenerational dialogues, opportunities to participate in research with UC partners, field trips, and more.

#### **Membership Types with Course Fees**

Choose one of three membership options. Course fees are separate, and are based on your choice of membership, course type, and instructional hours. We offer four academic terms — fall, winter, spring, and summer — per year.

#### Single Term

#### \$50

Valid: 1 term Course Fees:

Lectures (3 types): \$155/\$120/\$90 Discussions (2 types): \$195/\$90

Workshop: \$235 Encore: \$120

- · A great way to sample OLLI
- · Makes sense if you plan to take courses for one term only and not again within a year

#### Premium

#### \$950

Valid: 4 consecutive terms Course Fees:

Lectures (all types): \$0 Discussions (all types): \$40

Workshop: \$80 Encore: \$0

- · Most cost effective option if you plan to take 6+ courses in a year
- · Pay no fees for majority of courses and enjoy steep discounts on others

#### Annual

#### \$100

Valid: 4 consecutive terms Course Fees:

Lectures (3 types): \$155 / \$120 / \$90 Discussions (2 types): \$195 / \$90

Workshop: \$235 Encore: \$120

- Our most popular option!
- · A smart choice if you think you'll take courses in two or more terms

#### **OLLI for All Fee Assistance Program**

At OLLI @Berkeley, we believe finances should not be a barrier to lifelong learning. With fee assistance, you'll enjoy waived membership dues (\$100 savings) and 70% off all course fees. Learn more at https://olli.berkeley.edu/fee-assistance

#### **Course Changes**

Course schedules and faculty are subject to change. Please refer to our website for the most current listings. Courses can be dropped up to seven days prior to the start of the term for a refund. Contact us at berkeley\_olli@berkeley.edu prior to the deadline to be issued a refund.

### Calendar

#### **MONDAYS**

Begins 4/3

9:30-11 a.m.

### Femininity in Literature, Part 2

Stephanie Wells Livestreamed Only Eight weeks, ends 5/22

10 a.m.-noon

#### **Global Lens**

Michael Fox In-person Only, UH 150 Six weeks; **begins 4/10**, ends 5/15

Noon-1:30 p.m.

#### **Political Economy**

Alan Karras Livestreamed + Recorded Eight weeks, ends 5/22

1-3 p.m.

#### Waking Up in the Universe

Gibor Basri In-person, UH 150, Livestreamed + Recorded Six weeks, ends 5/8

2:30-4 p.m.

#### **Russians in Hollywood**

Harlow Robinson Livestreamed + Recorded Eight weeks, ends 5/22

#### **TUESDAYS**

Begins 4/4

10 a.m.-noon

#### **Music and the Brain**

Peter Ralston In-person, F&S + Livestreamed Three weeks; **begins 4/11**, ends 4/25

10 a.m.-noon

#### **iPhoneography**

Yoni Mayeri Livestreamed Only Six weeks, ends 5/9

1-3 p.m.

#### It's All About the Song, Part 1

Pete Elman In-person, F&S, + Livestreamed Three weeks; **begins 4/11**, ends 4/25

1-3 p.m.

#### iPhoneography

Yoni Mayeri Livestreamed Only Six weeks, ends 5/9

#### **TUESDAYS**

Begins 5/2

10 a.m.-noon

#### The Beatles at Their Peak

Stephen Schultz In-person, F&S + Livestreamed Three weeks, ends 5/16

1-3 p.m.

## It's All About the Song, Part 2

Pete Elman In-person, F&S + Livestreamed Three weeks, ends 5/16

#### **WEDNESDAYS**

Begins 4/5

9:30-11 a.m.

#### São Paulo

Pierluigi Serraino Livestreamed + Recorded Eight weeks, ends 5/24

9:30-11:30 a.m.

# The Hows and Whys of Good Cooking

Linda Carucci Livestreamed + Recorded Four weeks, ends 4/26

10 a.m.-noon

# The Moral Dimensions of Prison

Bill Smoot In-person Only Six weeks, ends 5/10

10 a.m.-noon

#### **Building a Great Memoir**

Louise Nayer In-person, UH 41B Six weeks, ends 5/10

Noon-1:30 p.m.

#### **Jewish Lyricists**

Bonnie Weiss Livestreamed Only Eight weeks, ends 5/24

1-3 p.m.

#### **Personal Essay**

Jane Ganahl In-person, GBC 365 Six weeks, ends 5/10

2:30-4 p.m.

#### **World Communism**

George Breslauer Livestreamed + Recorded Eight weeks, ends 5/24

#### **WEDNESDAYS**

Begins 5/3

9:30-11 a.m.

#### The Golden Age of Airship Travel

John Geoghegan Livestreamed + Recorded Four weeks, ends 5/24

#### **THURSDAYS**

Begins 4/6

9:30-11 a.m.

#### **Global Hotspots: The Newest Chapter**

Darren Zook Livestreamed + Recorded Six weeks; no class 4/20 or 4/27, ends 5/25

10 a.m.-noon

#### 21st Century Women's **Autobiography**

Sarita Cannon In-person Only, GBC 365 Four weeks, ends 4/27

Noon-1:30 p.m.

#### The Cinema of Agnès Varda

Karen Davis Livestreamed + Recorded Four weeks, ends 4/27

2:30-4 p.m.

#### **Theodore Roosevelt**

Mick Chantler Livestreamed + Recorded Eight weeks, ends 5/25

#### **THURSDAYS**

Begins 5/4

10 a.m.-noon

#### **Staging Change**

Anthony Clarvoe In-person Only, GBC 365 Four weeks, ends 5/25

#### FRIDAY SPECIAL **EVENTS**

See p. 12

#### **LOCATION KEY**

F&S = Freight & Salvage 2020 Addison St.

UH = University Hall, 2199 Addison St.

GBC = Golden Bear Center 1995 University Ave., Suite 365

#### **TYPES OF COURSES**

In-person lecture courses will take place at one of our venues in downtown Berkeley. These courses may be delivered as in-person only courses, or may be livestreamed and recorded.

In-person seminar or workshop courses will take place at 1995 University Avenue, Suite 365, or University Hall, room 150 and room 41B, Berkeley. These courses are in-person only, unless otherwise noted.

**Livestreamed + Recorded** courses will stream live at the scheduled time and will also be recorded for viewing later. Course videos will be posted each Friday and will appear in the course materials section of your member dashboard.

**Livestreamed Only** courses will stream live at the scheduled time and will not be recorded for viewing later. Zoom links can be found on your member dashboard.

**Encore** courses are recordings of courses that were presented live during a previous term. Course videos are posted on the first day of the term and remain available throughout the term. Encore course listings can be found on page 10.

Photo: Nancy Murr



# Monday Starts 4/3



Photo: Courtesy of Pexels

# How to Be a Woman: Enacting Femininity in Literature, Part 2

Stephanie Wells 9:30–11 a.m. Livestreamed Only Eight weeks, ends 5/22

#### \$155 (Premium members: \$0)

This course surveys women writers from the turn of the 20th century to the present, with special attention paid to the ways women respond to and often subvert cultural norms foisted on femininity. We'll explore female creativity and the matrilineal literary tradition, patriarchal culture, marriage, maternity, identity, gender, feminist politics, love, sex, and desire, noting how these authors viewed the evolution of gender roles over time. (Note: It is not necessary to have taken the first course in this series to fully participate in this course.)

**Stephanie Wells** has a B.A. from Berkeley, an M.A. from the University of Virginia, and a Ph.D. from UC Davis, with a focus on

modernism and postmodernism in American and British novels and poetry. She has been a literature professor for over 20 years and currently teaches at the College of Marin.

#### **Global Lens**

Michael Fox 10 a.m.–noon In-person Only, UH 150 Six weeks, **begins 4/10**, ends 5/15

\$155 (Premium members: \$0)

The view from abroad, courtesy of foreign filmmakers speaking primarily to viewers in their own countries, is refreshing, revealing, and occasionally jarring. This course's lineup of films encompasses a range of documentary approaches and techniques, with each film — most of which haven't screened in the U.S. — followed by a discussion of its goals, strategies, aesthetics, and ethics. We will examine central aspects of nonfiction films, including the representation of reality, the properties

of storytelling, and the interplay between advocacy and art.

**Michael Fox** is a film journalist and critic for KQED Arts, among other outlets. A member of the San Francisco Bay Area Film Critics Circle and inductee in the San Francisco Film Society's Essential SF, he has taught documentary classes at OLLI @Berkeley for 15 years.

# Classical Political Economy in Contemporary Perspective

Alan Karras Noon-1:30 p.m. Livestreamed + Recorded Eight weeks, ends 5/22

#### \$155 (Premium members: \$0)

This course will examine themes and theorists in classical political economy and put them into contemporary perspective. We will explore issues such as: the nature and purpose of government, inequality,

the relationship between government and the economy, the ways in which individuals interact with government and vice-versa, industrialization, liberalism, and bureaucracy. Each week's class will consist of a lecture based on original theorists (such as Rousseau or Smith) followed by a discussion that places these theories in conversation with contemporary and current events.

**Alan Karras** is special assistant to Berkeley's dean of the Division of Social Sciences as well as the associate director of the division's Political Economy program. Over his 28-year career at Berkeley, he has taught classes in political economy and world history. He is the author of several books and articles, including a best-selling world history textbook

#### **Waking Up in the Universe**

Gibor Basri 1-3 p.m. In-person, UH 150 Livestreamed + Recorded Six weeks, ends 5/8

#### \$155 (Premium members: \$0)

Even early humans looked up at the sky and wondered what they were seeing. The skies are inextricably tied to our spiritual understanding of ourselves and our surroundings. Modern science's explanation of the universe is very different from those before, though perhaps not any less strange. Starting with the "cosmologies" of various cultures a few thousand years ago, I'll describe and explain the history of the various observations, insights, and tests that have led to the current — very empirical conception of the universe.

Professor Emeritus Basri taught in the Astronomy Department at UC Berkeley for 35 years. His favorite classes were the introductory courses for non-majors and small freshman seminars. He enjoys making science accessible to the general public and received the Carl Sagan Prize for Science Popularization in 2016. He has also recently taught several well-received OLLI classes.

#### Russians in Hollywood: Emigres, **Politics, Movies**

Harlow Robinson 2:30-4 p.m. Livestreamed + Recorded Eight weeks, ends 5/22

#### \$155 (Premium members: \$0)

This course will focus on two intertwined histories. One is the story of the many emigres from Russia and the U.S.S.R. who came to Los Angeles to work in the film business, making major contributions as actors, directors, screenwriters, composers, designers and producers. The other is the history of the image of Russia and the U.S.S.R. that Hollywood movies have created

on screen, reflecting shifts in the U.S.-Soviet superpower relationship, especially during the Cold War. Films about Russia occupied a privileged space in Hollywood production from the silent era to the present, and they have played a central role in creating and perpetuating stereotypes about and popular attitudes toward the Communist "other" and post-Soviet Russia.

**Harlow Robinson** is an author, lecturer, and the Matthews Distinguished University Professor (emeritus) of History at Northeastern University. The author of Russians in Hollywood and other books, Robinson received two Fulbright Fellowships for study in Russia and an Academy Film Scholar Fellowship from the Academy of Motion Picture Arts and Sciences.

Photo: Courtesy of Pexels, Benjamin Suter



# Tuesday Starts 4/4

#### Music and the Brain

Peter Ralston 10 a.m.-noon In-person, F&S + Livestreamed Three weeks, **begins 4/11**, ends 4/25

#### \$90 (Premium members: \$0)

Few things stimulate the brain and body as much as music does. Music has been shown to have therapeutic, developmental, and emotional impacts on neuroplasticity and neurogenesis. Musical training has been shown to increase the connectivity of certain brain regions. This course fuses science and the arts in order to examine how music can alter brain structure and function. Produced in accordance with music curated by Jeremy Geffen, executive and artistic director of Cal Performances, each session will present cutting-edge information about how music impacts the brain and the potential this offers all of us.

**Peter Ralston** received his M.D. from UCSF, with additional training in New York and London. He held faculty positions at Stanford University and the University of Wisconsin and served as chair of UCSF's Department of Anatomy, where he was a professor. During his 35-year career at UCSF, he directed the medical school's course in neuroscience and ran an NIH-supported research lab.

#### **iPhoneography**

Yoni Mayeri 10 a.m.-noon Livestreamed Only Six weeks, ends 5/9

#### \$235 (Premium members: \$80)

Learn how to expertly capture, edit, and create extraordinary photographs using your iPhone. By the end of this workshop, you will understand the ins and outs of iPhone photography. **Note:** an iPhone 7+, 8+ or

newer is recommended. Software should be iOS 15 or newer.

Yoni Mayeri is a professional photographer who began her career at Polaroid and Nikon, and had studios in San Francisco and Berkeley. Her iPhoneography workshops have been presented at UC Berkeley, Stanford University, Saint Mary's College, Rancho La Puerta, Pacific Art League, Stanford Research Park, Google, and the Garden Club of America.

#### It's All About the Song, Part 1

Pete Elman 1–3 p.m.

In-person, F&S + Livestreamed
Three weeks, **begins 4/11**, ends 4/25

#### \$90 (Premium members: \$0)

Songs are the essence of popular music, whether the genre is folk, pop, rock, R&B, soul, or country. This course examines the lives and work of three great songwriters/ artists of the golden era of rock and roll. We will study the contributions of Chuck Berry,

Buddy Holly, and the team of Carole King and Gerry Goffin. Through the use of audio, video, stories, and live in-class performance, we will break down the musical and lyrical components of songs by these composers to better understand and appreciate the artistry, insight, and social context these songwriters brought to popular music.

**Pete Elman** is a musician, producer, teacher, writer, and author of the book *In the Shadow of Obscurity*, about unsung minority sports heroes. He has taught many OLLI classes, including "A Rock 'n' Roll Road Trip," and courses on performers such as Bruce Springsteen and Van Morrison.

#### **iPhoneography**

Yoni Mayeri 1–3 p.m. Livestreamed Only Six weeks, ends 5/9

\$235 (Premium members: \$80)

See description and bio, this page.





Photo: Courtesy of Wiki

#### Starts 5/2 The Beatles at Their Peak: Revolver, Sgt. Pepper, and the **White Album**

Stephen Schultz 10 a.m.-noon In-person, F&S + Livestreamed Three weeks, ends 5/16

#### \$90 (Premium members: \$0)

This course will focus on the phenomenon of the Beatles. We will study the musical and lyrical content of their songs as well as their structural elements. What musical styles do the songs address? What were the band's musical influences? In what ways did their music change over the years? Why were the Beatles so popular and influential? The Beatles are the most famous rock group in history, and the reasons for this are cultural as well as musical. We will study the two elements simultaneously.

**Stephen Schultz** plays solo and principal flute with the Philharmonia Baroque Orchestra and Musica Angelica. He is a teaching professor in music history and flute at Carnegie Mellon University and director of the Carnegie Mellon Baroque Ensemble.

#### It's All About the Song, Part 2

Pete Elman 1-3 p.m. In-person, F&S + Livestreamed Three weeks, ends 5/16

#### \$90 (Premium members: \$0)

Songs are the essence of popular music, whether the genre is folk, pop, rock, R&B, soul, or country. This course examines the lives and work of three great songwriters/ artists of the golden era of rock and roll. We will study the contributions of Brian Wilson, Paul Simon, and Joni Mitchell. Through the use of audio, video, stories and live in-class

performance, we will break down the musical and lyrical components of songs by these composers to better understand and appreciate the artistry, insight, and social context these songwriters brought to popular music. Note: It is not necessary to have taken Part 1 of It's All About the Song to fully participate in this course.

See instructor bio, Pg.6.

# Wednesday Starts 4/5

#### São Paulo

Pierluigi Serraino 9:30–11 a.m. Livestreamed + Recorded Eight weeks, ends 5/24

#### \$155 (Premium members: \$0)

The vitality of Brazilian design culture has one of its epicenters in São Paulo. In continuously redefining itself, this megalopolis epitomizes the rewards and setbacks of being catapulted into a rapid and ever-evolving modernity affecting every aspect of its urban culture. This class narrates the fascinating contradictions of this creative environment through its architecture, landscape, urban design, product design, and the arts. Guest presentations and lectures will reveal a metropolis coming into its own in its post-colonial era.

**Pierluigi Serraino** is a practicing architect, author, and educator. He holds multiple professional and research degrees in architecture from institutions in Italy and the United States. He is the author of eight books on architecture, and his writing has been published in professional and scholarly journals.

# The Hows and Whys of Good Cooking

Linda Carucci 9:30–11:30 a.m. Livestreamed + Recorded Four weeks, ends 4/26

#### \$120 (Premium members: \$0)

In this course, you will learn cooking methods and techniques to enhance the preparation, texture, and taste of everyday foods. Each class will feature recipes that illustrate the practical aspects of culinary science and craft, including the principle of "seasoning to taste," as well as sourcing and selecting ingredients, tools, and equipment. Linda will share professional chefs' tips and shortcuts that make cooking satisfying



Photo: Courtesy of Unsplash, Karsten Winegeart

and fun for the home cook. Classes are presented from her home kitchen in a split-screen format utilizing both head-on and overhead cameras. Recipes will be provided in advance. This demonstration class is appropriate for advanced-beginner and experienced cooks alike.

Award-winning culinary educator **Linda Carucci** served as dean of the California

Culinary Academy and Julia Child Curator of
Food at the former Napa culinary museum

Copia. She's cooked in and managed culinary
operations in Bay Area kitchens including
Greens restaurant, UCSF Medical Center, and
Paula LeDuc Fine Catering. She is the author
of *Cooking School Secrets for Real World*Cooks.

#### **The Moral Dimensions of Prison**

10 a.m.-noon

In-person Only, GBC 365

\$195 (Premium members: \$40)

There are currently about 2 million people incarcerated in jails and prisons in the United States. What moral issues are embedded in this grim fact? In this course we will discuss

what constitutes a moral response to crime, justifications for punishment, and the moral criteria for a just punishment. Are individuals entirely responsible for their crimes, or only partially? In this class we will contemplate and discuss these issues as they pertain to contemporary America. The class will be about half lectures and video clips and half discussion.

**Bill Smoot** received his Ph.D. in philosophy from Northwestern University, specializing in existentialism and ethics. A lifelong teacher, he has taught for the past decade at Mount Tamalpais College (formerly the Prison University Project) at San Quentin Prison.

#### **Building a Great Memoir**

Louise Nayer 10 a.m.–noon In-person Only, UH 41B Six weeks, ends 5/10

#### \$235 (Premium members: \$80)

There are many ways to uncover potent moments from our past. In this course you will learn the basic elements of memoir, including sensory detail, scene vs. summary, dialogue, time shifts, tension, and character development. We will read great memoir examples to get started and work with peers in class on writing exercises. By the end of this course you will have a body of writing with instructor feedback and a group of new writing friends.

**Louise Nayer** has taught creative writing for over 40 years and is the author of six books, including *Burned: A Memoir*, an Oprah Great Read and winner of the Wisconsin Library Association Award, and most recently, *Poised for Retirement, Moving from Anxiety to Zen.* She is a member of the Writer's Grotto. Her new memoir, *Narrow Escapes*, comes out in March 2023.

#### **Broadway's Jewish Word Wizards: Our Legendary** Lyricists

Bonnie Weiss Noon-1:30 p.m. Livestreamed Only Eight weeks, ends 5/24

#### \$155 (Premium members: \$0)

Let's explore the richness of thought, feeling, wit, and whimsy of some of musical theater's most acclaimed lyricists. Learn why — in a country where Jews have rarely exceeded about 3% of the population — more than 80% of its songwriters were Jewish. In this course we will study examples of how Jewish religious and cultural heritage is reflected in song lyrics. We will focus on these verbal virtuosos: Lorenz Hart, Oscar Hammerstein, Alan Jay Lerner, Ira Gershwin, Yip Harburg ("The Wizard of Oz", "Finian's Rainbow"), Dorothy Fields ("Sweet Charity"), Sheldon Harnick ("Fiddler on the Roof"), and Fred Ebb ("Cabaret").

Bonnie Weiss, M.A., is a seasoned theater educator and has been an OLLI instructor since 2008. She has hosted radio shows on musical theater and produced acclaimed cabaret tributes to Stephen Sondheim.

#### **Personal Essay: Finding Transcendence in the Ordinary**

Jane Ganahl 1-3 p.m. In-person Only, GBC 365 Six weeks, ends 5/10

#### \$235 (Premium members: \$80)

Every day, there are moments that could inspire a personal essay: the kindness you see shown by a store clerk to a senior, the anger you feel at someone tailgating you on the road, the moment when your grandchild asks when you're going to die. The common denominator is YOU: what you think and feel. In this introductory essay class, you'll learn how to identify these pivotal moments, find their epiphanies, and write about them

in a way that resonates with readers. The best personal essays (and blog posts too!) don't just relate something that happened to you; they engage the reader with vivid details and deep sharing. In this course, you will do writing exercises in class, receive instructor feedback, and hopefully create a finished product ready for publication.

Jane Ganahl is a writer, teacher, and co-founder of Litquake. As a Hearst newspaper journalist of 40 years, she wrote the "Single Minded" column, which led to her memoir, Naked on the Page: The Misadventures of My Unmarried Midlife. Her essays have appeared in Spirituality & Health, Huffington Post, Bazaar, and Salon, as well as in four anthologies.

#### The Rise and Demise of **World Communism**

George Breslauer 2:30-4 p.m. Livestream + Recorded Eight weeks, ends 5/24

#### \$155 (Premium members: \$0)

In this course, we will explore the rise of world communism in the aftermath of World War I and World War II. We will then examine why the global communist movement fell apart in the aftermath of Joseph Stalin's death in 1953. We will look at the varieties of communist states that evolved in Europe, Asia, and the Caribbean from the 1950s through the 1980s and why European communism collapsed. Finally, we will examine the five communist countries that remain to this day — China, North Korea,

Photo: Courtesy of Wiki



Vietnam, Laos, and Cuba — and explore whether any of them are likely to follow European communism into oblivion.

A member of the Berkeley faculty since 1971, George Breslauer has published seven books on the Soviet Union and other communist states, most recently The Rise and Demise of World Communism (Oxford University Press, 2021). He has received awards for his teaching and is an elected Fellow of the American Academy of Arts and Sciences.

#### Starts 5/3 When Giants Ruled the Sky: The Golden Age of Airship Travel

John Geoghegan 9:30-11 a.m. Livestreamed + Recorded Four weeks, ends 5/24

#### \$90 (Premium members: \$0)

This historical survey course recounts the golden age of airship travel, using rare photographs, film clips, and first-person accounts to illuminate the more than 20 years when Zeppelins carried thousands of paying passengers in unprecedented luxury without a single fatality, making them the world's safest form of transportation until the 1937 Hindenburg disaster. The course is based on research for Geoghegan's recent non-fiction book, When Giants Ruled the Sky, and the Smithsonian Channel documentary America's Lost Airship, in which he appears as an on-camera expert.

A former special correspondent for the New York Times, John Geoghegan specializes in reporting on unusual inventions that failed in the marketplace despite their innovative nature. He is the author of four non-fiction books and has written hundreds of articles for such publications as the Wall Street Journal, Wired, and Smithsonian's Air & Space magazine.

# Thursday Starts 4/6



Photo: Courtesy of Pexels, Katie Godowskit

#### Global Hotspots: The Newest Chapter

Darren Zook 9:30–11 a.m. Livestreamed + Recorded Six weeks; no class 4/20 or 4/27, ends 5/25

#### \$155 (Premium members: \$0)

There is no shortage of crises in the world, and every year seems to bring new problems into focus. Continuing the theme from earlier versions of this course, "Global Hotspots: The Newest Chapter" will introduce a new lineup of areas creating turbulence in global politics, including current issues in Northern Ireland, Iran, Ukraine, Taiwan, and Ethiopia. Each week we will examine a different case study in depth, looking not only at foundational causes of the crisis but also regional impacts and possible outcomes. One lecture will also be devoted to updates on case studies from previous versions of this course.

**Darren Zook** teaches in the Political Science and Global Studies programs at UC Berkeley. His areas of interest include comparative politics, human rights, international law, and cybersecurity.

# 21st Century Women's Autobiography

Sarita Cannon
10 a.m.-noon
In-person Only, GBC 365
Four weeks, ends 4/27

#### \$195 (Premium members: \$40)

Often we assume that an autobiography is a true, first-person, written narrative of one person's life. However, life narratives are constructed texts that are subject to the artistic impulses and imperfect memory of their writers. Focusing on the autobiographies of four women, we will explore how members of historically

marginalized groups have reconfigured the genre of autobiography for their own purposes. Texts discussed will include Fun Home: A Family Tragicomic (2006) by Alison Bechdel; Redefining Realness: My Path to Womanhood, Identity, Love and So Much More (2014) by Janet Mock; The Best We Could Do (2017) by Thi Bui; and Heart Berries: A Memoir (2018) by Terese Marie Mailhot.

**Sarita Cannon** is professor of English at San Francisco State University, where she teaches 20th-century U.S. literature. Her book *Black-Native Autobiographical Acts:* Navigating the Minefields of Authenticity was published by Lexington Books in 2021.

#### The Cinema of Agnès Varda: **Seeing As Believing**

Karen Davis Noon-1:30 p.m. Livestreamed + Recorded Four weeks, ends 4/27

#### \$90 (Premium members: \$0)

One of the few female film directors to rise to international attention and acclaim in the 20th century, Agnès Varda created an uncompromising body of work spanning across all genres through her 65-year career. Her work often crossed multiple genres within the same film, from political documentary to dramatic fiction, wry comedy, and even homage to the Hollywood musical. The Belgian-born, Parisian-bychoice Varda was an innovator from her first frames to her last, and she never shied away from addressing challenging, sometimes controversial topics in her formidable filmography. We will sample four films from the oeuvre of this inimitable director, drawing from her early and late-period releases.

**Karen Davis** is senior film programmer for the Mill Valley Film Festival and professor emerita at California State University at Monterey Bay. She has taught courses in international cinema and film studies at UC Santa Cruz, California State University, and Vassar College.

#### **Theodore Roosevelt's America**

Mick Chantler 2:30-4 p.m. Livestreamed + Recorded Eight weeks, ends 5/25

#### \$155 (Premium members: \$0)

Teddy Roosevelt was one of perhaps five or six truly transformative presidents in American history. A cultivated, scholarly aristocrat, Roosevelt entered politics during the nation's "gilded age," much to the dismay of his peers, who regarded government as a tawdry affair dominated by saloon-keepers and greedy commercial types. Over the course of his 30 years in public service, he resolved to restore the "heroic, manly virtues" and a sense of sublime destiny to

American life. This course will examine the career of this remarkable — if often abrasive and authoritarian — American statesman.

Mick Chantler has been a student of American history for more than 50 years. His primary areas of interest include the Founding Era, the Civil War, Reconstruction, and the history of the South. He has been teaching at OLLI @Berkeley for the past decade.

#### Starts 5/4 **Staging Change**

Anthony Clarvoe

10 a.m.-noon In-person Only, GBC 365

#### \$195 (Premium members: \$40)

Theater wants to entertain you. Great theater wants to change you. Some theater has succeeded in bringing about change in the world. In this course we'll spotlight playwrights whose work has altered the understanding of identity, the nature of society, and the possibilities for changemaking action. And they're entertaining, too.

Playwright and educator **Anthony Clarvoe** began teaching theater and playwriting for OLLI in 2016. His work is produced all over the country and has won awards from the American Theatre Critics Association, the Guggenheim Foundation, the NEA, and other organizations.

Photo: Courtesy of Wiki



# Friday Special Events

Many of our Friday events are open to the public and feature leading figures discussing some of the most critical issues of our time. Among these specially focused speaker series events is "America's Unfinished Work," an ongoing investigation of race in America. Also included are Town Halls, which feature panel discussions that address a central theme of social and political import. Friday events take place from 10:30–11:30 a.m., unless otherwise noted. More information and links to register are posted on our website.

#### April 14 American Midnight: The Forgotten Crisis of Our Democracy, 1917–1921

**Adam Hochschild**, Author and Professor, UC Berkeley School of Journalism

# April 21 Educational Gag Orders in Higher Education

**Jeremy Young**, Senior Manager, Free Expression and Education, PEN America

# April 28 The First Amendment: Free Speech for Some

**Bill Turner**, Author and Lecturer, Media Studies, UC Berkeley

#### May 5 Archaeology of Memory

**Amalia Mesa-Bains**, groundbreaking artist, discusses this major first retrospective of her work.

#### May 12 Town Hall: We the People: Law, Order, and Justice in America

Facilitated by **Darren Zook** 

Words Over Time: An Intergenerational Dialogue We the People: Law, Order, and Justice in America

April 7

Facilitated by Darren Zook
Limited to 60 OLLI members
The link to register will be shared with
members in March.

In the past few years, references to the U.S. Constitution being "in shreds" and under attack or references to crime spiraling out of control in America have become commonplace. But is this really the case? Is the legal foundation of America really in danger of collapsing? Is crime really out of control on the streets



Photo: Courtesy of Pexels, Caleb Oquendo

of America? And have criminal justice reforms pushed us closer to or further away from achieving justice for all? This Words Over Time intergenerational dialog is intended to address these and other related questions in a way that is engaging, innovative, transformative, and empowering.

Encore courses are previously recorded courses that were well-received by the membership during their live run. Encore course videos will be made available on the first day of the term (April 3, 2023) and will remain available throughout the term.

### Member Events



Photo: Susan Hoffman

**Member Meetups** bring OLLI members together in-person and online to explore shared interests, meet new people and find community over an array of lively topics, from book swaps to campus walking tours.

**Vital Aging** is a monthly meeting of OLLI members interested in issues, both scientific and social, of aging.
All members are welcome. Go to **olli.berkeley.edu/vital-aging** for details. Facilitated by Sara Orem.

#### **Upcoming Spring Term Meetings**

**April:** Nurturing existing and establishing new friendships and communities

May: Volunteering and other ways to find/maintain purpose

### **Encore Courses**



Photo: Courtesy of Pexels, Julius Silver

#### 21st Century Rome: Arts and **Architecture**

Pierluigi Serraino

#### \$120 (Premium members: \$0)

Rome continues to renew its cultural and artistic relevance as the centuries go by. This class will bring the Italian capital city to life through the exploration of Roman architecture, urban planning, art, and cinema. Lectures and guest presentations will enrich participants' perspective of a metropolis that remains deeply aware of its past as it moves forward.

Pierluigi Serraino bio, pg. 8

#### **Daoism**

Davina Chan

#### \$120 (Premium members: \$0)

Through lectures, readings, class discussions, and personal practice, this course will explore how Daoist and Buddhist meditation practices can enhance well-being. Participants will gain an understanding of various types of mindfulness techniques and compassion practices, and discuss how these meditation traditions view the self, mind, and world.

**Davina Chan** began teaching courses at UC Berkeley in the departments of psychology and cognitive science over 10 years ago. She has a clinical psychology private practice and has served as a liaison to major hospitals in San Francisco, including UCSF and the San Francisco VA Medical Center.

#### Civility in America: What It Is, How We Lost It, And Why We **Need to Get It Back**

Darren Zook

#### \$120 (Premium members: \$0)

Lurking underneath divisive partisanship in the United States is a fundamental problem that threatens the very fabric of the country: the loss of civility in political discourse. While many call for the restoration of civility, where do we start? This course explores three fundamental questions: What is civility? How did we lose it? And why do we need it back?

Darren Zook bio, pg. 10

#### **Diversity, Identity, Social Justice: America in Global Perspective**

Darren Zook

#### \$120 (Premium members: \$0)

The word "diversity" has become a central part of American political discourse, but what exactly is diversity and what benefits is it supposed to offer? The answer may seem intuitively obvious, but if it were, we wouldn't have so much rancorous debate about this issue. This course will examine diversity in America and situate the American experience in a global perspective.

Darren Zook bio, pg. 10

Osher Lifelong Learning Institute University of California, Berkeley 1995 University Avenue, Suite 365 Berkeley, CA 94704-1570

NON-PROFIT ORG U.S. POSTAGE

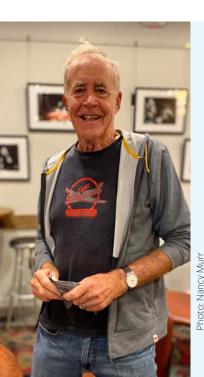
**PAID** 

UNIVERSITY OF CALIFORNIA, BERKELEY





Courses, community, and research for learners 50+



## 28 courses: 10 in-person 14 remote instruction 4 encores

### Spring registration opens February 13

Check out faculty course promo videos and learn about the benefits of membership at olli.berkeley.edu

olli.berkeley.edu

